

Corrected

Overall Place	Name	Bib	Gun Time	Chip Time	Overall Pace	Division	Division Place	Gender Place	Team
1	Crispian Bloomfield	32	33:10:00	33:09:00	3:19/K	Open	1 / 3	1 / 187	
2	Alec Finch	156	34:39:00	34:38:00	3:28/K	Open	2 / 3	2 / 187	Thurrock Harriers
3	James Blogg	29	36:12:00	36:10:00	3:37/K	Open	3 / 3	3 / 187	Havering AC
4	Dan Meredith	300	37:21:00	37:20:00	3:44/K	M 40-49	1 / 48	4 / 187	Havering AC
5	Shawn Brown	45	37:41:00	37:40:00	3:46/K	M 40-49	2 / 48	5 / 187	Thurrock Harriers
6	Luke Chester	71	37:59:00	37:58:00	3:48/K	M 15-39	1 / 54	6 / 187	Havering AC
7	Martin Chester	70	38:32:00	38:31:00	3:51/K	M 40-49	3 / 48	7 / 187	Havering AC
8	Thomas Irish	233	38:41:00	38:40:00	3:52/K	M 15-39	2 / 54	8 / 187	
9	Simon Carrington	61	38:56:00	38:53:00	3:54/K	M 40-49	4 / 48	9 / 187	South Woodham Ferriers
10	Anthony Cutler	107	39:10:00	39:09:00	3:55/K	M 15-39	3 / 54	10 / 187	
11	Michael Cook	84	39:57:00	39:54:00	4:00/K	M 15-39	4 / 54	11 / 187	
12	Ryan Crane	99	40:10:00	40:07:00	4:01/K	M 15-39	5 / 54	12 / 187	
13	Robin McCoy	294	41:05:00	41:03:00	4:07/K	M 50-59	1 / 56	13 / 187	Springfield Striders
14	Guy Hildreth	212	41:28:00	41:26:00	4:09/K	M 40-49	5 / 48	14 / 187	Havering 90 Joggers
15	Kathryn Spring	438	41:39:00	41:38:00	4:10/K	Open	1 / 3	1 / 120	Thurrock Harriers
16	Jason Finch	155	42:04:00	42:01:00	4:12/K	M 50-59	2 / 56	15 / 187	South Woodham Ferriers
17	David Patten	349	42:09:00	42:06:00	4:13/K	M 15-39	6 / 54	16 / 187	
18	Nicholas Langton	259	42:12:00	42:09:00	4:13/K	M 40-49	6 / 48	17 / 187	
19	Thomas Jones	245	42:22:00	42:18:00	4:14/K	M 50-59	3 / 56	18 / 187	
20	Jeff West	502	42:23:00	42:17:00	4:14/K	M 15-39	7 / 54	19 / 187	
21	Emily Hall	196	42:25:00	42:23:00	4:15/K	Open	2 / 3	2 / 120	
22	Dave Sherman	418	42:44:00	42:41:00	4:16/K	M 15-39	8 / 54	20 / 187	Havering 90 Joggers
23	Danni Davies	113	42:47:00	42:39:00	4:17/K	M 40-49	7 / 48	21 / 187	
24	Ben Prior	369	42:48:00	42:46:00	4:17/K	M 15-39	9 / 54	22 / 187	Thurrock Harriers
25	Kai Bundy	48	42:48:00	42:47:00	4:17/K	M 15-39	10 / 54	23 / 187	Thurrock Harriers
26	John Edwards	137	43:04:00	43:00:00	4:18/K	M 50-59	4 / 56	24 / 187	Southend on Sea AC
27	Gary Flint	159	43:26:00	43:23:00	4:21/K	M 50-59	5 / 56	25 / 187	Havering 90 Joggers
28	Stephen Tate	458	43:37:00	43:33:00	4:22/K	M 15-39	11 / 54	26 / 187	
29	Tim Martin	285	43:48:00	43:46:00	4:23/K	M 40-49	8 / 48	27 / 187	Thurrock Harriers
30	Jamie Morris	313	43:53:00	43:51:00	4:23/K	M 15-39	12 / 54	28 / 187	
31	Jamie Enever-dodd	144	43:54:00	43:49:00	4:23/K	M 40-49	9 / 48	29 / 187	
32	Ross Chapelhow	69	43:55:00	43:50:00	4:24/K	M 40-49	10 / 48	30 / 187	
33	Lee Chester	72	43:55:00	43:51:00	4:24/K	M 50-59	6 / 56	31 / 187	
34	Kristina Read	377	43:59:00	43:55:00	4:24/K	Open	3 / 3	3 / 120	Phoenix Striders
35	Hayley Nye	324	44:11:00	44:07:00	4:25/K	F 15-39	1 / 31	4 / 120	
36	Nathan Gill	173	44:16:00	44:13:00	4:26/K	M 15-39	13 / 54	32 / 187	
37	Gary Pankhurst	340	44:21:00	44:14:00	4:26/K	M 40-49	11 / 48	33 / 187	
38	Antony Freeman	162	44:23:00	44:21:00	4:26/K	M 15-39	14 / 54	34 / 187	
39	Chris Cook	85	44:24:00	44:22:00	4:26/K	M 15-39	15 / 54	35 / 187	Pitsea Running Club
40	Paul Agastina	8	44:33:00	44:27:00	4:27/K	M 50-59	7 / 56	36 / 187	Pitsea Running Club
41	Stephen Berry	23	44:41:00	44:36:00	4:28/K	M 40-49	12 / 48	37 / 187	
42	Unknown Partic. 22	22	44:41:00	44:37:00	4:28/K	M 0- 0	1 / 2	38 / 187	
43	Julian Vereker	477	45:14:00	45:08:00	4:31/K	M 40-49	13 / 48	39 / 187	
44	Ben Whateley-Harris	503	45:14:00	45:12:00	4:31/K	M 15-39	16 / 54	40 / 187	Thrift Green Trotters
45	Jack Howes	224	45:21:00	45:15:00	4:32/K	M 15-39	17 / 54	41 / 187	
46	Martyn Staines	440	45:37:00	45:32:00	4:34/K	M 40-49	14 / 48	42 / 187	Newbury AC
47	Sam Backhouse	16	45:42:00	45:33:00	4:34/K	M 15-39	18 / 54	43 / 187	South Woodham Ferriers
48	Steve Constantinou	83	45:43:00	45:40:00	4:34/K	M 40-49	15 / 48	44 / 187	Havering 90 Joggers

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49	Paul Prior	367	45:45:00	45:38:00	4:35/K	M 50-59	8 / 56	45 / 187	Dagenham 88 Runners
50	Mick Brown	44	45:45:00	45:38:00	4:35/K	M 50-59	9 / 56	46 / 187	Harold Wood Running Club
51	Jamie Smith	428	45:51:00	45:45:00	4:35/K	M 50-59	10 / 56	47 / 187	Phoenix Striders
52	Adam Georgiou	172	45:53:00	45:47:00	4:35/K	M 50-59	11 / 56	48 / 187	
53	Paul Firth	157	45:54:00	45:48:00	4:35/K	M 15-39	19 / 54	49 / 187	
54	John O'Shea	335	45:57:00	45:55:00	4:36/K	M 60-99	1 / 24	50 / 187	Thurrock Harriers
55	Jason Syrett	457	46:01:00	45:57:00	4:36/K	M 50-59	12 / 56	51 / 187	Thurrock Harriers
56	John Pumfrett	372	46:11:00	46:03:00	4:37/K	M 50-59	13 / 56	52 / 187	Phoenix Striders
57	Lee Hazelwood	206	46:33:00	46:26:00	4:39/K	M 50-59	14 / 56	53 / 187	Phoenix Striders
58	Sophie Rose	391	46:48:00	46:41:00	4:41/K	F 15-39	2 / 31	5 / 120	
59	Kirk Bundy	3	46:49:00	46:45:00	4:41/K	M 40-49	16 / 48	54 / 187	Thurrock Nomads
60	Lee Veale	475	46:51:00	46:48:00	4:41/K	M 40-49	17 / 48	55 / 187	Havering 90 Joggers
61	Will Brown	41	46:52:00	46:45:00	4:41/K	M 15-39	20 / 54	56 / 187	St Albans Striders
62	Stephanie Phillips	355	47:04:00	47:03:00	4:42/K	F 15-39	3 / 31	6 / 120	Havering 90 Joggers
63	Jane Pannell	341	47:22:00	47:16:00	4:44/K	F 50-59	1 / 36	7 / 120	Eton Manor
64	Martin Orford	332	47:49:00	47:42:00	4:47/K	M 50-59	15 / 56	57 / 187	Pitsea Running Club
65	Kelvin Lucking	274	48:00:00	47:51:00	4:48/K	M 40-49	18 / 48	58 / 187	
66	Phil Warner	487	48:00:00	47:54:00	4:48/K	M 50-59	16 / 56	59 / 187	Phoenix Striders
67	Jeff Fenton	152	48:02:00	47:50:00	4:48/K	M 60-99	2 / 24	60 / 187	Havering 90 Joggers
68	Anne Mitchell	307	48:06:00	47:52:00	4:49/K	F 15-39	4 / 31	8 / 120	Thurrock Nomads
69	David Miller	303	48:09:00	48:04:00	4:49/K	M 50-59	17 / 56	61 / 187	Leigh on Sea Striders
70	Paul Johnson	243	48:12:00	48:08:00	4:49/K	M 15-39	21 / 54	62 / 187	
71	Simon Bayfield	19	48:12:00	48:09:00	4:49/K	M 15-39	22 / 54	63 / 187	
72	Paul Wells	499	48:18:00	48:12:00	4:50/K	M 40-49	19 / 48	64 / 187	
73	Steve Wells	497	48:23:00	48:10:00	4:50/K	M 50-59	18 / 56	65 / 187	
74	Steven Murdoch	316	48:32:00	48:25:00	4:51/K	M 50-59	19 / 56	66 / 187	Phoenix Striders
75	Paul Backhouse	15	48:58:00	48:48:00	4:54/K	M 50-59	20 / 56	67 / 187	South Woodham Ferriers
76	Daniel Jaggard	236	48:59:00	48:50:00	4:54/K	M 40-49	20 / 48	68 / 187	
77	Pam Bell	90	49:02:00	48:53:00	4:54/K	F 15-39	5 / 31	9 / 120	South Woodham Ferriers
78	Serena Jones	246	49:22:00	49:15:00	4:56/K	F 40-49	1 / 42	10 / 120	Phoenix Striders
79	Keith Worby	526	49:26:00	49:06:00	4:57/K	M 40-49	21 / 48	69 / 187	
80	Fred Graham	184	49:36:00	49:27:00	4:58/K	M 50-59	21 / 56	70 / 187	
81	Adam Webb	495	49:50:00	49:46:00	4:59/K	M 15-39	23 / 54	71 / 187	
82	Tony Galea	167	49:53:00	49:41:00	4:59/K	M 60-99	3 / 24	72 / 187	Havering 90 Joggers
83	Elin Engdahl	145	49:53:00	49:35:00	4:59/K	F 60-99	1 / 8	11 / 120	
84	Scott Oloughlin	329	49:53:00	49:45:00	4:59/K	M 50-59	22 / 56	73 / 187	Phoenix Striders
85	David Clark	75	49:57:00	49:47:00	5:00/K	M 50-59	23 / 56	74 / 187	Thurrock Nomads
86	Clive Tweedie	472	50:11:00	49:58:00	5:01/K	M 60-99	4 / 24	75 / 187	Havering 90 Joggers
87	Jon Strutt	450	50:11:00	50:05:00	5:01/K	M 15-39	24 / 54	76 / 187	Castle Point Joggers
88	Mike Warren	489	50:19:00	50:15:00	5:02/K	M 50-59	24 / 56	77 / 187	
89	Neil Colley	81	50:19:00	50:13:00	5:02/K	M 15-39	25 / 54	78 / 187	Phoenix Striders
90	Adam Seymour	412	50:22:00	50:12:00	5:02/K	M 40-49	22 / 48	79 / 187	
91	Leonie Nalcioğlu	318	50:31:00	50:19:00	5:03/K	F 40-49	2 / 42	12 / 120	Thurrock Nomads
92	James Monk	311	50:36:00	50:24:00	5:04/K	M 40-49	23 / 48	80 / 187	
93	Emma Bolton	33	50:36:00	50:24:00	5:04/K	F 40-49	3 / 42	13 / 120	Havering 90 Joggers
94	Rory Burr	52	50:51:00	50:42:00	5:05/K	M 15-39	26 / 54	81 / 187	Barking Road Runners
95	Antony Yates	529	50:54:00	50:44:00	5:05/K	M 15-39	27 / 54	82 / 187	

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96	Mark Rowlan	394	51:01:00	50:51:00	5:06/K	M 50-59	25 / 56	83 / 187	
97	Andy Debnam	121	51:04:00	50:51:00	5:06/K	M 50-59	26 / 56	84 / 187	Castle Point Joggers
98	Christie Harman	202	51:04:00	50:53:00	5:06/K	M 15-39	28 / 54	85 / 187	
99	Melanie Carrington	62	51:17:00	50:56:00	5:08/K	F 40-49	4 / 42	14 / 120	South Woodham Ferriers
100	Neil Sykes	456	51:21:00	50:49:00	5:08/K	M 50-59	27 / 56	86 / 187	
101	David Mcsweeney	298	51:23:00	51:16:00	5:08/K	M 40-49	24 / 48	87 / 187	
102	Connor Moore	312	51:37:00	51:10:00	5:10/K	M 15-39	29 / 54	88 / 187	Park Run
103	Ryan Cutts	108	51:49:00	51:30:00	5:11/K	M 15-39	30 / 54	89 / 187	
104	Scott Riddle	385	51:56:00	51:51:00	5:12/K	M 15-39	31 / 54	90 / 187	
105	Brian Parish	342	51:59:00	51:43:00	5:12/K	M 40-49	25 / 48	91 / 187	Havering 90 Joggers
106	Alex Connor	82	52:03:00	51:57:00	5:12/K	M 15-39	32 / 54	92 / 187	
107	Laine Taylor	459	52:14:00	51:57:00	5:13/K	M 15-39	33 / 54	93 / 187	
108	Jack Gooding	181	52:15:00	52:07:00	5:14/K	M 15-39	34 / 54	94 / 187	
109	Dave Springham	280	52:19:00	52:08:00	5:14/K	M 50-59	28 / 56	95 / 187	
110	Paul Bottjer	34	52:20:00	52:10:00	5:14/K	M 60-99	5 / 24	96 / 187	Phoenix Striders
111	David Dixon	124	52:29:00	52:17:00	5:15/K	M 60-99	6 / 24	97 / 187	Havering 90 Joggers
112	Daniel Noonan	323	52:29:00	52:16:00	5:15/K	M 50-59	29 / 56	98 / 187	Havering 90 Joggers
113	Joaqu? Polo	361	52:39:00	52:31:00	5:16/K	M 40-49	26 / 48	99 / 187	Havering 90 Joggers
114	Michael Hill	213	52:41:00	52:33:00	5:16/K	M 50-59	30 / 56	100 / 187	Havering 90 Joggers
115	Bob Mills	305	52:56:00	52:43:00	5:18/K	M 60-99	7 / 24	101 / 187	Thurrock Nomads
116	Karen Heard	208	53:10:00	53:00:00	5:19/K	F 40-49	5 / 42	15 / 120	Phoenix Striders
117	Rahana Islam	234	53:15:00	53:04:00	5:20/K	F 40-49	6 / 42	16 / 120	Dagenham 88 Runners
118	Jochen Tree	469	53:21:00	53:07:00	5:20/K	M 50-59	31 / 56	102 / 187	
119	Darren Radford	374	53:34:00	53:21:00	5:21/K	M 50-59	32 / 56	103 / 187	Havering 90 Joggers
120	Katherine Jaggard	235	54:00:00	53:39:00	5:24/K	F 15-39	6 / 31	17 / 120	
121	Randall Courtney	94	54:00:00	53:26:00	5:24/K	M 50-59	33 / 56	104 / 187	Thurrock Nomads
122	Allan Steel	445	54:02:00	53:42:00	5:24/K	M 40-49	27 / 48	105 / 187	South Woodham Ferriers
123	Matthew Gavan	169	54:05:00	53:51:00	5:25/K	M 15-39	35 / 54	106 / 187	
124	Ray Spong	435	54:20:00	54:05:00	5:26/K	M 60-99	8 / 24	107 / 187	Havering 90 Joggers
125	Joel Davies	112	54:29:00	54:11:00	5:27/K	M 40-49	28 / 48	108 / 187	
126	Jack Lawson	262	54:30:00	54:20:00	5:27/K	M 15-39	36 / 54	109 / 187	
127	Neil Smith	425	54:30:00	54:21:00	5:27/K	M 15-39	37 / 54	110 / 187	Taunton AC
128	Frank Schubert	404	54:32:00	54:19:00	5:27/K	M 60-99	9 / 24	111 / 187	Havering 90 Joggers
129	Trevor Ellis	142	54:36:00	54:14:00	5:28/K	M 50-59	34 / 56	112 / 187	
130	Aaron Davis	115	54:49:00	54:17:00	5:29/K	M 15-39	38 / 54	113 / 187	South Woodham Ferriers
131	Andrew Dobson	126	55:01:00	54:43:00	5:30/K	M 40-49	29 / 48	114 / 187	
132	Graham Pitt	359	55:29:00	55:04:00	5:33/K	M 50-59	35 / 56	115 / 187	
133	Jen Bull	47	55:29:00	55:10:00	5:33/K	F 15-39	7 / 31	18 / 120	Brandon Fern Hoppers
134	Simon Pipe	357	55:30:00	54:56:00	5:33/K	M 40-49	30 / 48	116 / 187	
135	Martin England	146	55:32:00	55:21:00	5:33/K	M 50-59	36 / 56	117 / 187	Castle Point Joggers
136	Kathryn Ellis	141	55:38:00	55:33:00	5:34/K	F 15-39	8 / 31	19 / 120	
137	Louise Rushmer	396	55:41:00	55:22:00	5:34/K	F 50-59	2 / 36	20 / 120	
138	Lara Harradine	203	55:41:00	55:26:00	5:34/K	F 50-59	3 / 36	21 / 120	Havering 90 Joggers
139	Amanda Keasley	250	56:06:00	55:37:00	5:37/K	F 50-59	4 / 36	22 / 120	Havering 90 Joggers
140	Richard Quye	373	56:12:00	55:51:00	5:37/K	M 40-49	31 / 48	118 / 187	Barking Road Runners
141	Lee Parnell	346	56:16:00	55:53:00	5:38/K	M 15-39	39 / 54	119 / 187	

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142	Rohan Sullivan	452	56:20:00	56:06:00	5:38/K	M 15-39	40 / 54	120 / 187	Havering 90 Joggers
143	Andrew Stirrup	447	56:23:00	55:51:00	5:38/K	M 50-59	37 / 56	121 / 187	South Woodham Ferriers
144	William Holman	215	56:25:00	56:10:00	5:39/K	M 15-39	41 / 54	120 / 120	Phoenix Striders
145	John Hughes	225	56:32:00	56:16:00	5:39/K	M 50-59	38 / 56	123 / 187	Dagenham 88 Runners
146	Lilian Irish	232	56:37:00	56:27:00	5:40/K	F 15-39	9 / 31	23 / 120	
147	Vanessa Wheeler	504	56:42:00	56:20:00	5:40/K	F 50-59	5 / 36	24 / 120	Striders of Croydon
148	Abbie Jones	248	56:47:00	56:25:00	5:41/K	F 15-39	10 / 31	25 / 120	
149	Francis Patten	350	56:57:00	56:24:00	5:42/K	M 60-99	10 / 24	124 / 187	
150	Debra Pumfrett	371	57:02:00	56:46:00	5:42/K	F 50-59	6 / 36	26 / 120	Phoenix Striders
151	Andrew Beazeley	20	57:04:00	56:48:00	5:42/K	M 40-49	32 / 48	125 / 187	Dagenham 88 Runners
152	Claire Webber	496	57:15:00	56:48:00	5:44/K	F 40-49	7 / 42	27 / 120	Thurrock Harriers
153	Kerry Doyle	127	57:41:00	57:27:00	5:46/K	F 15-39	11 / 31	28 / 120	
154	Holly Gooding	180	57:53:00	57:31:00	5:47/K	F 15-39	12 / 31	29 / 120	Harwich Runners
155	Phil Anderson	12	57:55:00	57:35:00	5:48/K	M 50-59	39 / 56	126 / 187	
156	Steven Lovett	272	57:58:00	57:44:00	5:48/K	M 40-49	33 / 48	127 / 187	Phoenix Striders
157	Carol Nelson	320	58:05:00	57:42:00	5:49/K	F 60-99	2 / 8	30 / 120	Havering 90 Joggers
158	Steve Watson	492	58:07:00	57:55:00	5:49/K	M 40-49	34 / 48	128 / 187	
159	Samantha Smithson-Biggs	430	58:07:00	57:50:00	5:49/K	F 40-49	8 / 42	31 / 120	
160	Louise Copas	89	58:08:00	57:47:00	5:49/K	F 40-49	9 / 42	32 / 120	South Woodham Ferriers
161	Simon Nead	319	58:08:00	57:48:00	5:49/K	M 40-49	35 / 48	129 / 187	
162	Louise Thompson	465	58:09:00	57:36:00	5:49/K	F 40-49	10 / 42	33 / 120	
163	Jason Hetterley	209	58:18:00	57:49:00	5:50/K	M 40-49	36 / 48	130 / 187	Havering 90 Joggers
164	Rosina Salmon	398	58:22:00	58:11:00	5:50/K	F 50-59	7 / 36	34 / 120	Dagenham 88 Runners
165	Peter Salmon	399	58:22:00	58:11:00	5:50/K	M 50-59	40 / 56	131 / 187	Dagenham 88 Runners
166	Samantha Prior	368	58:30:00	57:54:00	5:51/K	F 40-49	11 / 42	35 / 120	
167	Lauren Merchant	299	58:33:00	57:57:00	5:51/K	F 15-39	13 / 31	36 / 120	
168	Gary Thompson	466	58:36:00	58:03:00	5:52/K	M 50-59	41 / 56	132 / 187	
169	Gary French	163	58:46:00	58:17:00	5:53/K	M 40-49	37 / 48	133 / 187	
170	Christopher Yoxall	530	58:46:00	58:30:00	5:53/K	M 15-39	42 / 54	134 / 187	
171	Darrell Woodhead	524	58:50:00	58:30:00	5:53/K	M 40-49	38 / 48	135 / 187	Eton Manor
172	Clive Rew	382	59:00:00	58:33:00	5:54/K	M 60-99	11 / 24	136 / 187	
173	Chris Maskell	286	59:05:00	58:40:00	5:55/K	M 15-39	43 / 42	137 / 187	Phoenix Striders
174	Derek Appleton	14	59:07:00	58:42:00	5:55/K	M 60-99	12 / 24	138 / 187	Phoenix Striders
175	Robert Monger	310	59:07:00	58:46:00	5:55/K	M 50-59	42 / 56	139 / 187	Phoenix Striders
176	Chris Eates	136	59:13:00	58:47:00	5:55/K	M 40-49	39 / 48	140 / 187	Phoenix Striders
177	Rob Ponti	362	59:25:00	59:02:00	5:57/K	M 15-39	44 / 54	141 / 187	
178	Jenny O'Hanlon	327	59:27:00	58:52:00	5:57/K	F 40-49	12 / 42	37 / 120	Dagenham 88 Runners
179	Georgia Brown	40	59:33:00	59:06:00	5:57/K	F 15-39	14 / 31	38 / 120	Benfleet Running Club
180	Paul Daly	111	59:34:00	59:06:00	5:57/K	M 50-59	43 / 42	142 / 187	Benfleet Running Club
181	Jennifer Hunt	228	59:48:00	59:19:00	5:59/K	F 40-49	13 / 42	39 / 120	
182	Michelle Lock	269	59:48:00	59:28:00	5:59/K	F 50-59	8 / 36	40 / 120	South Woodham Ferriers
183	Chris Shaw	415	59:49:00	59:15:00	5:59/K	M 60-99	13 / 24	143 / 187	Thurrock Nomads

Corrected

Overall Place	Name	Bib	Gun Time	Chip Time	Overall Pace	Division	Division Place	Gender Place	Team
184	Laura Dobie	125	59:50:00	59:24:00	5:59/K	F 15-39	15 / 31	41 / 120	Havering 90 Joggers
185	Laura Winston	522	01:00:01	59:29:00	6:00/K	F 15-39	16 / 31	42 / 120	
186	Laurence King	257	01:00:18	59:46:00	6:02/K	M 60-99	14 / 24	144 / 187	South Woodham Ferriers
187	Maxine O'Brien	494	01:00:22	59:53:00	6:02/K	F 40-49	15 / 42	43 / 120	Havering 90 Joggers
188	Gavin Bridge	37	01:00:31	01:00:05	6:03/K	M 40-49	40 / 48	145 / 187	
189	Nicola Hawkins	204	01:00:36	01:00:19	6:04/K	F 50-59	9 / 36	44 / 120	Phoenix Striders
190	Marie Saunders	400	01:00:38	01:00:26	6:04/K	F 40-49	15 / 42	45 / 120	
191	Stuart Goldsmith	177	01:00:38	01:00:27	6:04/K	M 15-39	45 / 54	146 / 187	
192	Brad Day	117	01:00:40	01:00:14	6:04/K	M 15-39	46 / 54	147 / 187	GoodGym
193	Janine Durrant	135	01:01:01	01:00:47	6:06/K	F 40-49	16 / 42	46 / 120	Eton Manor
194	Kristine Pearson	352	01:01:04	01:00:40	6:06/K	F 50-59	10 / 36	47 / 120	
195	Billy Matthews	288	01:01:06	01:00:34	6:07/K	M 40-49	41 / 48	148 / 187	
196	Georgina Cox	97	01:01:14	01:00:47	6:07/K	F 40-49	17 / 42	48 / 120	
197	Sarah Ketteridge	255	01:01:19	01:01:01	6:08/K	F 40-49	18 / 42	49 / 120	
198	Danielle Last	260	01:01:23	01:00:53	6:08/K	F 40-49	19 / 42	50 / 120	Havering 90 Joggers
199	Bruce Knowles	258	01:01:24	01:00:54	6:08/K	M 40-49	42 / 48	149 / 187	Havering 90 Joggers
200	Rachel Peck	353	01:01:27	01:01:03	6:09/K	F 15-39	17 / 31	51 / 120	
201	Tony Crudgington	103	01:01:34	01:01:18	6:09/K	M 40-49	43 / 42	150 / 187	
202	John Minelly	306	01:01:35	01:01:00	6:10/K	M 50-59	44 / 56	151 / 187	
203	Laura Burton	53	01:01:37	01:01:07	6:10/K	F 40-49	20 / 42	52 / 120	South Woodham Ferriers
204	Sarah Cotton	93	01:01:49	01:01:31	6:11/K	F 50-59	11 / 36	53 / 120	
205	Sammy Andrade	13	01:01:50	01:01:31	6:11/K	F 15-39	18 / 31	54 / 120	
206	Thomas Buchanan	46	01:01:56	01:01:31	6:12/K	M 15-39	47 / 54	152 / 187	
207	Donna Maxen	290	01:02:02	01:01:32	6:12/K	F 50-59	12 / 36	55 / 120	
208	Mark Challis	68	01:02:32	01:02:10	6:15/K	M 50-59	45 / 56	153 / 187	
209	Elaine Richardson	383	01:02:36	01:02:13	6:16/K	F 60-99	3 / 8	56 / 120	
210	Brigid Mallee	279	01:02:47	01:02:38	6:17/K	F 50-59	13 / 36	57 / 120	Havering 90 Joggers
211	Kim Parker	344	01:02:47	01:02:38	6:17/K	F 50-59	14 / 36	58 / 120	Havering 90 Joggers
212	Kerry Curtis	106	01:03:11	01:02:45	6:19/K	F 40-49	21 / 42	59 / 120	Havering 90 Joggers
213	Nicola Gooding	179	01:03:22	01:02:59	6:20/K	F 40-49	22 / 42	60 / 120	Harwich Runners
214	Rhys Hawkins	205	01:03:40	01:03:24	6:22/K	M 15-39	48 / 54	154 / 187	Pitsea Running Club
215	Siobhan Parker	343	01:03:48	01:03:14	6:23/K	F 50-59	15 / 36	61 / 120	Eton Manor
216	Sue Unsworth	474	01:03:48	01:03:14	6:23/K	F 50-59	16 / 36	62 / 120	Eton Manor
217	Mark Gillam	174	01:04:17	01:03:54	6:26/K	M 50-59	46 / 56	155 / 187	
218	Peter Woodard	531	01:04:47	01:04:10	6:29/K	M 50-59	47 / 56	156 / 187	Thurrock Nomads
219	Terry Hibbert	211	01:04:59	01:04:42	6:30/K	M 15-39	49 / 54	157 / 187	
220	Ryan McDonach	296	01:05:20	01:05:01	6:32/K	M 15-39	50 / 54	158 / 187	
221	Lisa Harland	201	01:05:27	01:05:03	6:33/K	F 50-59	17 / 36	63 / 120	Phoenix Striders
222	Derek Staton	444	01:05:32	01:04:54	6:33/K	M 60-99	15 / 24	159 / 187	
223	Camille Witcher	505	01:05:34	01:05:05	6:33/K	F 40-49	23 / 42	64 / 120	Havering 90 Joggers
224	David Wiggins	513	01:05:48	01:05:35	6:35/K	M 15-39	51 / 54	160 / 187	
225	Chloe Woodhead	523	01:06:02	01:05:28	6:36/K	F 40-49	24 / 42	65 / 120	Eton Manor
226	Ronald Vials	478	01:06:14	01:06:10	6:37/K	M 60-99	16 / 24	161 / 187	Barking Road Runners
227	Michelle Pankhurst	339	01:06:15	01:05:45	6:38/K	F 15-39	19 / 31	66 / 120	
228	Adele Davis	114	01:06:24	01:05:47	6:38/K	F 40-49	25 / 42	67 / 120	South Woodham Ferriers
229	Brian Slade	423	01:06:25	01:05:57	6:39/K	M 60-99	17 / 24	162 / 187	Havering 90 Joggers
230	Flynn Adams	4	01:06:51	01:06:13	6:41/K	M 15-39	52 / 54	163 / 187	Thurrock Nomads

Corrected

Overall Place	Name	Bib	Gun Time	Chip Time	Overall Pace	Division	Division Place	Gender Place	Team
231	Mick Southam	431	01:06:53	01:06:33	6:41/K	M 50-59	48 / 56	164 / 187	
232	Wendy Turpin	471	01:07:27	01:06:48	6:45/K	F 50-59	18 / 36	68 / 120	Thurrock Nomads
233	David Skinner	422	01:07:33	01:07:04	6:45/K	M 60-99	18 / 24	165 / 187	Havering 90 Joggers
234	Philip Schofield	403	01:08:16	01:08:13	6:50/K	M 60-99	19 / 24	166 / 187	
235	Faye Scott	408	01:08:16	01:08:13	6:50/K	F 50-59	19 / 36	69 / 120	Thurrock Nomads
236	Trish Groves	195	01:08:29	01:08:06	6:51/K	F 60-99	4 / 8	70 / 120	
237	Vikki Pound-Firth	363	01:08:37	01:08:05	6:52/K	F 15-39	20 / 31	71 / 120	
238	Hannah Mayo	292	01:08:45	01:08:24	6:53/K	F 15-39	21 / 31	72 / 120	
239	Elizabeth Tree	281	01:08:45	01:08:23	6:53/K	F 15-39	22 / 31	73 / 120	
240	Peter Tree	470	01:08:46	01:08:26	6:53/K	M 60-99	20 / 24	167 / 187	Thrift Green Trotters
241	Fiona Crummay	104	01:08:51	01:08:33	6:53/K	F 50-59	20 / 36	74 / 120	
242	Maria Brill	38	01:08:58	01:08:34	6:54/K	F 60-99	5 / 8	75 / 120	Havering 90 Joggers
243	Lisa Sayers	402	01:09:00	01:08:23	6:54/K	F 40-49	26 / 42	76 / 120	
244	Lucy Rivers	387	01:09:04	01:08:26	6:54/K	F 15-39	23 / 31	77 / 120	
245	Sara Prior	366	01:09:15	01:08:39	6:56/K	F 50-59	21 / 36	78 / 120	Dagenham 88 Runners
246	Laura Thomas	463	01:09:17	01:08:51	6:56/K	F 40-49	27 / 42	79 / 120	Havering 90 Joggers
247	Debbie Jones	244	01:09:41	01:09:00	6:58/K	F 50-59	22 / 36	80 / 120	Havering 90 Joggers
248	Lucy Wright	527	01:09:47	01:09:33	6:59/K	F 15-39	24 / 31	81 / 120	
249	Emma O'Shea	333	01:09:57	01:09:20	7:00/K	F 40-49	28 / 42	82 / 120	Dagenham 88 Runners
250	Darren O'Shea	334	01:09:57	01:09:21	7:00/K	M 40-49	44 / 48	168 / 187	
251	Samantha Abrahams	2	01:10:16	01:10:05	7:02/K	F 40-49	29 / 42	83 / 120	
252	Lorraine Hilton	214	01:10:50	01:10:14	7:05/K	F 60-99	6 / 8	84 / 120	Dagenham 88 Runners
253	Lisa Gaskin	168	01:11:11	01:10:34	7:07/K	F 50-59	23 / 36	85 / 120	Havering 90 Joggers
254	Sherry White	507	01:11:41	01:11:09	7:10/K	F 50-59	24 / 36	86 / 120	
255	Paul White	508	01:11:42	01:11:11	7:10/K	M 50-59	49 / 56	169 / 187	
256	Laura Kelly	254	01:11:43	01:11:00	7:10/K	F 50-59	25 / 36	87 / 120	Havering 90 Joggers
257	Lucy Burdett	49	01:11:57	01:11:14	7:12/K	F 40-49	30 / 42	88 / 120	Havering 90 Joggers
258	Emma White	506	01:12:05	01:11:26	7:13/K	F 15-39	25 / 31	89 / 120	Thurrock Nomads
259	Daniel Nifton	322	01:12:26	01:11:45	7:15/K	M 15-39	53 / 54	170 / 187	
260	Sian Priestley	365	01:13:13	01:12:47	7:19/K	F 15-39	26 / 31	90 / 120	Pitsea Running Club
261	Cheryl Southam	432	01:13:13	01:12:48	7:19/K	F 50-59	26 / 36	91 / 120	
262	Lisa Mitchell	308	01:13:34	01:12:55	7:21/K	F 50-59	27 / 36	92 / 120	Thurrock Nomads
263	Philip Parker-Firth	345	01:13:37	01:13:04	7:22/K	F 60-99	7 / 8	93 / 120	
264	Deborah Rowe	393	01:14:01	01:13:30	7:24/K	F 40-49	31 / 42	94 / 120	
265	Barry Abbott-Trangmar	1	01:14:11	01:13:40	7:25/K	M 40-49	45 / 48	171 / 187	
266	Laura Sherman	419	01:15:31	01:15:04	7:33/K	F 15-39	27 / 31	95 / 120	Havering 90 Joggers
267	Andi Wright	528	01:16:26	01:16:02	7:39/K	F 40-49	32 / 42	96 / 120	
268	Liz Jude	249	01:16:26	01:15:44	7:39/K	F 40-49	33 / 42	97 / 120	
269	Brian Cross	100	01:17:29	01:16:45	7:45/K	M 50-59	50 / 56	172 / 187	Havering 90 Joggers
270	Victoria Clarke	77	01:18:37	01:17:58	7:52/K	M 40-49	46 / 48	173 / 187	
271	Matthew Clarke	76	01:18:37	01:17:59	7:52/K	M 40-49	47 / 48	174 / 187	
272	Gary Elliott	140	01:19:08	01:18:37	7:55/K	M 60-99	21 / 24	175 / 187	
273	Ken Carey	59	01:19:29	01:19:00	7:57/K	M 60-99	22 / 24	176 / 187	Pitsea Running Club
274	Ken Summerfield	454	01:19:53	01:19:16	7:59/K	M 50-59	51 / 56	177 / 187	Barking Road Runners
275	Hayley Dalton	110	01:19:59	01:19:24	8:00/K	F 50-59	28 / 36	98 / 120	Eton Manor
276	Emily Rivers	388	01:20:36	01:19:58	8:04/K	F 15-39	28 / 31	99 / 120	GoodGym
277	James Price	364	01:20:48	01:20:00	8:05/K	M 50-59	52 / 56	178 / 187	Pitsea Running Club

Corrected

Overall Place	Name	Bib	Gun Time	Chip Time	Overall Pace	Division	Division Place	Gender Place	Team
278	Sharon Wilkinson	516	01:20:49	01:19:54	8:05/K	F 50-59	29 / 36	100 / 120	Phoenix Striders
279	Sarah Gager	166	01:20:49	01:19:59	8:05/K	F 50-59	30 / 36	101 / 120	Pitsea Running Club
280	Colin Wilkinson	515	01:20:49	01:19:54	8:05/K	M 50-59	53 / 56	179 / 187	Phoenix Striders
281	Paul Omer	330	01:20:49	01:20:00	8:05/K	M 50-59	54 / 56	180 / 187	Pitsea Running Club
282	Natalie Barlow	18	01:20:49	01:19:53	8:05/K	F 40-49	34 / 42	102 / 120	Phoenix Striders
283	Nicola Maslen	287	01:20:49	01:20:00	8:05/K	F 50-59	31 / 36	103 / 120	Phoenix Striders
284	Dawn Gould	182	01:20:49	01:19:56	8:05/K	F 40-49	35 / 42	104 / 120	Pitsea Running Club
285	Faatemah-Zehra Piperdy	358	01:20:50	01:20:02	8:05/K	F 15-39	29 / 31	105 / 120	Pitsea Running Club
286	Michelle Holman	216	01:20:50	01:19:54	8:05/K	F 50-59	32 / 36	106 / 120	Phoenix Striders
287	Hiren Amin	11	01:20:50	01:19:58	8:05/K	M 15-39	54 / 54	181 / 187	
288	Cheryl Wilson	520	01:20:50	01:20:02	8:05/K	F 40-49	36 / 42	107 / 120	Pitsea Running Club
289	Michael Gould	183	01:20:51	01:20:01	8:05/K	M 40-49	48 / 48	182 / 187	Pitsea Running Club
290	Suzanne Figgins	154	01:20:51	01:19:57	8:05/K	F 50-59	33 / 36	108 / 120	Pitsea Running Club
291	Lois Whitrod	511	01:20:51	01:19:56	8:05/K	F 50-59	34 / 36	109 / 120	Pitsea Running Club
292	Unknown Partic. 532	532	01:20:51	01:19:59	8:05/K	M 0-0	1 / 2	183 / 187	
293	Sara Omer	331	01:20:51	01:20:00	8:05/K	F 50-59	35 / 36	110 / 120	Pitsea Running Club
294	Antony Griffin	192	01:20:52	01:19:59	8:05/K	M 50-59	55 / 56	184 / 187	Pitsea Running Club
295	John Wilkinson	517	01:20:52	01:20:00	8:05/K	M 50-59	56 / 56	185 / 187	Phoenix Striders
296	Lynsey Gray	187	01:20:52	01:19:59	8:05/K	F 50-59	36 / 36	111 / 120	Phoenix Striders
297	Claire Dean	120	01:21:19	01:20:41	8:08/K	F 40-49	37 / 42	112 / 120	
298	Donna Towner	468	01:23:23	01:22:41	8:20/K	F 40-49	38 / 42	113 / 120	
299	Heather Impey	231	01:24:35	01:23:40	8:28/K	F 40-49	39 / 42	114 / 120	Phoenix Striders
300	David Mills	304	01:24:36	01:23:54	8:28/K	M 60-99	23 / 24	186 / 187	Phoenix Striders
301	Kim Vinicombe	482	01:24:55	01:24:15	8:30/K	M 60-99	24 / 24	187 / 187	Phoenix Striders
302	Carole Vinicombe	481	01:25:01	01:24:21	8:30/K	F 60-99	8 / 8	115 / 120	Phoenix Striders
303	Jenette Ogborn	326	01:26:15	01:25:32	8:38/K	F 40-49	40 / 42	116 / 120	Havering 90 Joggers
304	Esther Hetterley	210	01:26:15	01:25:31	8:38/K	F 40-49	41 / 42	117 / 120	Havering 90 Joggers
305	Jaimie Mccutcheon	295	01:26:47	01:26:38	8:41/K	F 15-39	30 / 31	118 / 120	
306	Esmee Draper	129	01:37:48	01:37:05	9:47/K	F 15-39	31 / 31	119 / 120	
307	Ann Draper	130	01:37:50	01:37:06	9:47/K	F 40-49	42 / 42	120 / 120	