

## Horndon 10k 2013 Results Issue 5

There was a lot of problems with numbers falling apart because of water from the hoses and perspiration. A big Thank You to all who contacted me with useful information.

I have also examined the Timekeepers' sheets. The "Times" team write occasional numbers on their sheets when they have the opportunity. They do this only when they have a clear sight of the number and do not write down shouted numbers from runners who have lost their number and may not have remembered their numbers correctly.

When numbers appear on both sheets it enables re-synchronisation of the Numbers and Times sheets. This was aided by an independantly timed list of H90 finishers, these were spread throughout the field and confirmed my re-synchronisation of the two sets of sheets. I have also carefully checked the 'interpretation' of the handwritten numbers on the sheets and also checked for mis-typing of finishers numbers into the computer.

Despite all this, the results are not perfect and we apologise for this. Some of you have not got exactly what you asked for, but there has been conflicting claims and I have looked at all supporting evidence. The re-synchronisation has resulted in some people (including me...) now having slower times than on the earlier issues of the results but I am sure these times are more accurate. Sorry.

If you are missed off completely, perhaps you could place yourself in one of the "unknown" positions. If you have any hard evidence email me. Supply as much information as you can, such as your time from your own watch, your position relative to anyone you know or the club vest of anyone in front or behind you.

Email pw@horndon10k(dot)co(dot)uk replace (dot) with a full stop. that is my attempt to stop a deluge of automatic junk email

The Harriers take the Team Prize, there are no errors that could possibly affect this result.

Thank you to everyone who has contacted me with useful information.  
Peter

Horndon 10k 30-6-13 UK:A Licence 2013-105143 Cert.Course Accuracy 07/042r  
( 506 Finish places / 506 Finish times entered)

OAll	Time	No.	Name	Team	Pos/Clas
1	33:04	102	Alexander, Short	Chelmsford A C	1 M
2	33:34	504	Heslop, Tom	Victoria Park Harriers	2 M
3	33:59	553	Jackson, Anthony	Sittingbourne Striders	3 M
4	34:06	385	Bloomfield, Crispian	Billericay Striders	4 M
5	37:09	432	Barker, John	Thrift Green Trotters	1 MV40
6	37:15	562	Johnson, David	Thurrock Harriers	5 M
7	37:22	342	Pecoraro Tony	Havering 90 Joggers	1 MV50
8	37:58	384	Le Mare, Simon	Leigh On Sea Striders	2 MV50
9	38:17	452	Heslop, Garon	Ashford A C	3 MV50
10	38:24	487	Chester, Martin	Havering 90 Joggers	2 MV40
11	38:48	554	Coleman, Andy	Basildon	3 MV40
12	38:55	271	Swinburne, Nigel	Dagenham 88 Runners	6 M
13	39:07	528	Lawless, Don	Thurrock Harriers	4 MV40
14	39:10	307	Duke, Gavin	- None	7 M
15	39:11	520	Haskey-Jones, James	Tiptree Road Runner	5 MV40
16	39:15	536	Davies, Elizabeth	- None	1 F
17	39:27	8	Porter, Mark	- None	6 MV40
18	39:29	317	Tobin, Anthony	Thurrock Harriers	8 M
19	39:36	288	McCoy, Robin	- None	7 MV40
20	39:42	165	Russell, John	Thurrock Harriers	1 MV60
21	39:55	226	Spicer, Neil	Leigh On Sea Striders	9 M
22	39:58	411	Flower, Kevin	Havering 90 Joggers	10 M
23	40:34	441	Suett, Paul	Dagenham 88 Runners	11 M
24	40:39	433	Lowndes, James	Barking Road Runners	12 M
25	40:54	79	Syrett, Jason	Thurrock Harriers	8 MV40
26	41:00	416	Jacob, Kevin	Billericay Striders	9 MV40
27*	41:04*	0	Unknown		

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28	41:08	156	Page, Martin	Barking Road Runners	4	MV50	
29	41:18	157	Waldock, Daniel	- None	2	MV60	
30	41:19	295	Cable, Mark	Thurrock Harriers	10	MV40	
31	41:23	501	Dewar, Richard	- None	11	MV40	
32	41:32	391	Bartlett, Dervish	Barking Road Runners	12	MV40	
33	41:34	551	Budge, Ian	Billericay Striders	5	MV50	
34	41:35	144	Trevor, Rob	- None	3	MV60	
35	41:45	100	Knight, Nicholas	Thrift Green Trotters	13	M	
36	41:50	514	Matthews, Adam	Benfleet Running Club	14	M	
37	41:51	422	Trencher, Nick	Thurrock Harriers	13	MV40	
38	41:55	339	Hendley, Roy James	Havering 90 Joggers	15	M	
39	41:57	312	Quaye, Mike	- None	14	MV40	
40	42:02	70	Wright, Andy	- None	16	M	
41	42:07	233	Bunstead, Michael	Thurrock Harriers	4	MV60	
42	42:11	299	Marquis, David	- None	17	M	
43	42:36	251	Deary, Emma	Bishops Stortford	2	F	
44	42:43	453	Bonham, Richard	Castle Point Joggers	15	MV40	
45	43:09	546	Hickey, Steven	Benfleet Running Club	18	M	
46	43:13	93	Collins, Gary	- None	16	MV40	HRes
47	43:15	538	Brown, Eamon	Billericay Striders	6	MV50	
48	43:16	178	McAllister, Wayne	Barking Road Runners	7	MV50	
49	43:21	496	Vialls, Ronald	Barking Road Runners	5	MV60	
50	43:35	415	Balding, Tony	Southend on Sea A C	17	MV40	
51	43:37	383	Joseph, David	- None	19	M	
52	43:40	58	Dale, Lee	Orion Harriers	20	M	
53	43:49	254	Monk, Samantha	Dagenham 88 Runners	3	F	
54	43:53	592	Sheppard, William	- None	21	M	
55	43:57	560	Marchant, David	Thurrock Harriers	18	MV40	
56	44:05	408	Cahill, Gary	Thurrock Harriers	19	MV40	
57	44:07	215	Cummins, Ian	Dagenham 88 Runners	20	MV40	
58	44:10	73	Crane, Ryan	- None	22	M	
59	44:16	69	Deag, James	Witham R C	23	M	
60	44:17	402	Walker, Bobby	- None	24	M	
61	44:30	344	Duncan, Mark	Havering 90 Joggers	8	MV50	
62	44:35	214	Russell, Robert	Thurrock Harriers	9	MV50	
63	44:35	581	Pitman, Garry	Rochford Running Club	25	M	
64	44:37	310	Fuller, Adam	Pitsea R C	21	MV40	
65	44:38	203	England, Martin	- None	22	MV40	
66	44:39	369	Woodgate, Robert Dav	Havering Mayesbrook A C	26	M	
67	44:40	446	Champion, Steven	- None	23	MV40	
68	44:44	151	Mack, Jeff	- None	6	MV60	
69	44:50	447	Tuck, Caroline	Dagenham 88 Runners	1	FV45	
70	44:51	194	Brown, Will	- None	27	M	
71	45:00	404	Taylor, Laine	Phoenix Striders	28	M	
72	45:04	392	Heslegrave, Amanda	Barking Road Runners	1	FV35	
73	45:06	583	Cerny, Michael	Benfleet Running Club	29	M	
74	45:24	511	Key, Barry	Benfleet Running Club	24	MV40	
75	45:27	377	Adams, Andrew	Havering 90 Joggers	25	MV40	
76	45:29	364	Brown, Bradley	Ilford A C	26	MV40	
77	45:32	334	Ashman, Joseph	Havering 90 Joggers	27	MV40	
78	45:33	168	Grewock, Phil	Gateway Gazelles	30	M	
79	45:34	332	Galea, Tony	Havering 90 Joggers	10	MV50	
80	45:41	309	Stenning, Matt	Billericay Striders	31	M	
81	45:42	234	Appleyard, Liam	- None	32	M	HRes
82*	45:44*	0	Unknown				
83	45:47	167	Webb, Christopher	Gateway Gazelles	7	MV60	
84	45:50	140	Bland, Ian	- None	8	MV60	
85	45:53	591	Evans, Jonathan	- None	33	M	
86	45:54	205	Evans, Simon	- None	28	MV40	
87	45:55	208	Keeble, Mark	Leigh On Sea Striders	29	MV40	
88	45:59	525	Baker, Paul	Thurrock Harriers	30	MV40	
89	46:00	486	Wells, Stephen	- None	31	MV40	HRes
90*	46:02*	0	Unknown				
91	46:04	459	Hallam, David	Havering 90 Joggers	11	MV50	
92	46:08	503	Eden, Anthony	Benfleet Running Club	34	M	
93	46:09	183	Monk, Joe	Barking Road Runners	12	MV50	
94	46:13	154	Mansfield, Barry	- None	9	MV60	
95	46:18	338	Sherman, Dave	Havering 90 Joggers	35	M	

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96	46:21	355	Jones, Tom	- None	32	MV40	HRes
97*	46:22*	241	Larkin, Mat	- None	36*	M	
98	46:30	543	Poulton, Adam	- None	33	MV40	
99	46:34	223	Brady, Danny	Castle Point Joggers	13	MV50	
100	46:35	336	Tweedie, Clive Alan	Havering 90 Joggers	10	MV60	
101	46:41	481	Ballard, Paul	- None	37	M	
102	46:43	171	Cooper, Vicky	Barking Road Runners	2	FV35	
103	46:44	399	Tomkins, Wayne	- None	38	M	
104	46:47	465	Ryder, Erica	Thurrock Nomads	2	FV45	
105	46:50	134	Kenny, Troy	- None	11	MV60	
106	46:50	451	Cadey, Daniel	- None	39	M	
107	47:02	414	Cooper, Cristina	Barking Road Runners	4	F	
108	47:07	272	Teale, Steven	- None	40	M	
109	47:08	353	Eiffert, Lee	- None	34	MV40	
110	47:17	419	Harding, Todd	- None	41	M	
111	47:19	434	Rowson, John	Tri Sport Epping	35	MV40	
112	47:21	306	Ellis, Darren	Havering 90 Joggers	42	M	
113	47:28	314	Mack, Steve	- None	43	M	
114	47:33	294	Markwell, Nick	- None	36	MV40	
115	47:34	350	Spong, Sue	Havering 90 Joggers	3	FV45	
116	47:35	360	Stephenson, Clive Jo	East London Triathletes	14	MV50	
117	47:37	545	Longman, Paul	East Essex Triathletes	15	MV50	
118	47:40	124	Shaw, Chris	Linford Joggers	12	MV60	
119	47:47	572	Farrell, Jodie	Thurrock Harriers	4	FV45	
120	47:48	531	Franklin, Paul	Castle Point Joggers	16	MV50	
121	47:52	461	Harris, Stephen	Phoenix Striders	44	M	
122	47:53	146	Hawtree, Jonathan	- None	13	MV60	
123	47:54	490	Judd, Paul	- None	37	MV40	
124	48:04	466	Jarvis, Nigel	- None	38	MV40	
125	48:07	320	Lush, Phill	- None	39	MV40	
126	48:09	297	Willettt, Hilary	- None	5	FV45	
127	48:10	567	Ward, Christian	East Essex Triathletes	45	M	
128	48:10	420	Higgins, Ed	- None	40	MV40	
129	48:11	240	Culling, Barry	Barking Road Runners	46	M	
130	48:12	518	Boram, John	Benfleet Running Club	17	MV50	
131	48:18	532	Gray, Steve	- None	47	M	HRes
132	48:19	1	Springham, David	- None	41	MV40	
133	48:20	273	Raymond, Benn	- None	48	M	
134	48:36	494	Avery, Ben	Castle Point Joggers	49	M	
135	48:38	311	Driver, Sarah	Thurrock Harriers	3	FV35	
136	48:41	407	Lodge, Martin	Road Runners Club	18	MV50	
137	48:46	162	Chapman, Kieron	Barking Road Runners	14	MV60	
138	48:52	479	Crompton, Ben	- None	50	M	HRes
139	48:57	90	Tall, Philip	- None	42	MV40	
140	49:00	533	Clark, Nick	- None	51	M	
141	49:04	529	Timbrell, Jodie	Thrift Green Trotters	5	F	
142	49:09	209	Marti, Carlos	- None	52	M	
143	49:19	373	Khan, Mahbub	Barking Road Runners	43	MV40	
144	49:24	44	Bowker, James	- None	44	MV40	
145	49:25	30	Foley, Mark	- None	53	M	
146	49:27	121	Hipkins, Neil	- None	15	MV60	
147	49:27	127	Bradford, Neil	- None	16	MV60	
148	49:28	475	Mann, Simon	- None	45	MV40	HRes
149	49:30	174	Tree, Jochen	- None	46	MV40	HRes
150	49:32	46	DeSouza, Bosco	- None	19	MV50	
151	49:38	188	Setterfield, Jamie	- None	54	M	
152	49:39	76	Welsh, Michael	- None	55	M	
153	49:42	265	Pointer, Nigel	Pitsea R C	47	MV40	
154	49:43	258	Mole, Denis	Havering 90 Joggers	17	MV60	
155	49:45	91	Barwell, Eric	- None	48	MV40	
156	49:47	541	Clancy, David	- None	20	MV50	
157	49:53	343	Wesson, Steven	Havering 90 Joggers	49	MV40	
158	49:53	573	Johnson, Mark	- None	56	M	
159	49:53	577	Martin, Tim	- None	57	M	
160*	49:59*	0	Unknown				
161	49:59	72	White, Danny	Barking Road Runners	50	MV40	
162	50:02	559	Downling, Kevin	- None	21	MV50	
163	50:14	429	Lock, Robert	- None	51	MV40	

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164	50:17	222	Tree, Peter	Thrift Green Trotters	22	MV50	
165	50:19	266	Fisher, Will	- None	58	M	
166	50:20	88	Hammond, Paul	- None	59	M	
167	50:22	356	Jones, Serena	- None	4	FV35	HRes
168	50:23	449	Hattam, Anthony	- None	60	M	
169	50:24	21	Scott, Gavin	- None	52	MV40	
170*	50:26*	0	Unknown				
171	50:28	29	Foley, Nicola	- None	5	FV35	
172	50:31	550	Cutler, Anthony	- None	61	M	
173	50:32	437	Lane, Dave	Phoenix Striders	23	MV50	
174	50:35	153	Legg, Pete	- None	18	MV60	
175	50:35	206	Maskell, Paul	Leigh On Sea Striders	24	MV50	
176	50:43	410	Norton, Mark	Leigh On Sea Striders	53	MV40	
177	50:45	125	Morgan, Chris	- None	19	MV60	
178	50:50	478	Smith, Nancy	- None	6	FV35	HRes
179	51:01	460	Hall, Gareth	- None	62	M	
180	51:03	97	Fonfara, Luke	- None	63	M	
181	51:07	92	Stoner, Darren	- None	54	MV40	
182	51:14	148	Pennington, Greg	- None	20	MV60	
183	51:14	74	Veerasamy , Krevh Vi	Dagenham 88 Runners	64	M	
184	51:17	235	Johnson, Bernard	Thurrock Harriers	25	MV50	
185	51:19	301	Coombes, Andrew	- None	65	M	
186	51:21	389	Spooner, Faye	Barking Road Runners	6	F	
187	51:26	65	Kavanagh, Michael	- None	26	MV50	
188	51:33	406	Hurrell, Karen	Dagenham 88 Runners	6	FV45	
189	51:33	128	Stoakley, Louise	- None	7	F	
190	51:33	129	Stoakley, Dave	- None	66	M	
191	51:34	335	Parish, Brian	Havering 90 Joggers	67	M	
192	51:43	405	Akroyd, Jennifer	Dagenham 88 Runners	8	F	
193	51:45	280	Russell, James	Pitsea R C	27	MV50	
194	52:10	477	Grotti, Jaron	- None	68	M	HRes
195	52:15	535	Davies, Joel	- None	69	M	
196	52:16	566	Brady, Mel	Castle Point Joggers	7	FV35	
197	52:19	510	Draper, Reiss	- None	70	M	HRes
198	52:20	438	Fitsall, Jo	Castle Point Joggers	7	FV45	
199	52:22	95	Humphreys, Jason	- None	55	MV40	HRes
200	52:25	31	Randall, Carol	- None	8	FV45	
201	52:28	569	Biggs, David	- None	71	M	
202	52:33	397	Noad, Colette	Rochford Running Club	8	FV35	
203	52:34	302	nelder, paul	- None	28	MV50	
204	52:37	378	Goad, Ryan	Pitsea R C	72	M	
205	52:38	440	Mills, David	Phoenix Striders	29	MV50	
206	52:41	368	Woodgate, Tony Willi	- None	56	MV40	
207	52:42	252	Saunders, Wendy	Dagenham 88 Runners	9	FV45	
208	52:42	319	parsons, vicky	Leigh On Sea Striders	10	FV45	
209	52:47	442	Smith, Oliver	- None	30	MV50	
210	52:50	207	Edgings, Russell	- None	73	M	
211	52:51	331	Dixon, David	Havering 90 Joggers	31	MV50	
212	52:53	199	Patten, Lee	- None	74	M	
213	52:58	51	Jones, Chris	- None	32	MV50	
214	52:59	527	Tucker, Gareth	Barking Road Runners	75	M	
215	53:01	333	Evans, David	Havering 90 Joggers	57	MV40	
216	53:03	351	Spong, Ray	Havering 90 Joggers	33	MV50	
217	53:07	396	Benham, Mark	Rochford Running Club	58	MV40	
218	53:08	388	Hayes, Tracy	Dagenham 88 Runners	9	FV35	
219	53:10	482	Rushmer, John	- None	76	M	
220	53:11	237	Staton, Derek	Thurrock Nomads	21	MV60	
221	53:12	542	Lee, Leslie	- None	34	MV50	HRes
222	53:12	401	Sloman, Susanne	- None	10	FV35	
223	53:12	593	Cambridge, Clive	- None	77	M	
224	53:14	217	Halstead, Graham	- None	78	M	
225	53:15	589	Taylor, Andy	- None	79	M	
226	53:16	534	Smith, Debbie	Phoenix Striders	11	FV45	
227	53:17	484	Woodford, David	- None	80	M	
228	53:19	145	Oakley, Alan	Synergy Running Club	22	MV60	
229	53:21	549	Greensill, Mark	- None	35	MV50	
230	53:22	315	aurora, jeremy	Billericay Striders	81	M	
231	53:24	139	Clifford, Andrew	Thrift Green Trotters	23	MV60	

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232	53:25	243	Ward, Matt	- None	82	M
233	53:27	53	James, Paul	Thrift Green Trotters	59	MV40
234	53:31	445	Wheeler, Dave	- None	36	MV50
235	53:35	467	Lindsey, Simone	Phoenix Striders	9	F
236	53:37	499	Reeves, Joanne	Havering 90 Joggers	11	FV35
237	53:37	257	Goad, Richard	Pitsea R C	37	MV50
238*	53:51*	0	Unknown			
239	53:53	283	Rogers, Sharon	- None	12	FV35
240	53:57	32	Randall, Paul	- None	24	MV60
241	53:57	362	Mason, Stephen James	- None	25	MV60
242	54:06	264	Farr, Richard	- None	83	M
243	54:08	508	Hilliard, Simone	Havering 90 Joggers	10	F
244*	54:09*	0	Unknown			
245*	54:10*	0	Unknown			
246	54:10	575	Webber, Blaine	- None	84	M
247	54:16	193	Howlett, John	- None	85	M
248	54:17	177	Harwin, David	- None	38	MV50
249	54:17	476	Hellier, Barry	- None	60	MV40
250	54:19	425	Sevenoaks, Daryl	- None	61	MV40
251	54:21	292	Purse, Stephen	- None	11	F
252	54:22	587	Johnson, Robert	Benfleet Running Club	39	MV50
253	54:24	5	Talintire, John Edwa	- None	40	MV50
254	54:25	340	Moses, Neil David	Havering 90 Joggers	41	MV50
255	54:27	540	Clancy, Joe	- None	86	M
256	54:30	521	Richardson, Alex	- None	42	MV50
257	54:34	141	Peghall, Michael	Dagenham 88 Runners	26	MV60
258	54:36	512	Cosgrove, Tilly	Cambridge Harriers	12	F
259	54:36	513	Miller, David	Cambridge Harriers	43	MV50
260	54:39	63	Connolly, Scott	- None	87	M
261	54:43	59	Brown, Jason	- None	62	MV40
262	54:43	578	Leavers, Vicki	- None	13	FV35
263	54:45	409	Laffan, Matt	Pirate Ship Of Fools	88	M
264	54:48	561	James, David	- None	89	M
265	54:50	395	Benham, Nicki	Rochford Running Club	12	FV45
266	54:50	77	Taylor, Gary Ian	- None	90	M
267	54:50	37	Archer, Tanya	- None	13	FV45
268	54:57	163	Dobbs, Patrick	Thurrock Harriers	27	MV60
269	54:58	471	Burst, Bernard	Phoenix Striders	44	MV50
270	55:06	38	Babbage, Gemma	Billericay Striders	13	F
271	55:07	287	Horrex, Lydia	- None	14	F
272	55:07	12	Chowles, Eileen	Spitfire Running Club	14	FV45
273	55:08	248	Rose, Sophie	- None	15	F
274	55:11	557	Knight, Madelene	- None	14	FV35
275	55:12	582	Connelly, Alan	Cricketers	63	MV40
276	55:14	555	Howell, Shane	Basildon	64	MV40
277	55:15	390	Bartlett, Maria	Barking Road Runners	15	FV35
278	55:15	552	Jackson, Leslie	Sittingbourne Striders	28	MV60
279	55:18	182	Desmedt, Beryl	Phoenix Striders	15	FV45
280	55:22	18	Turner, Carly Anne	- None	16	F HRes
281	55:35	480	Nightingale, Barrie	- None	65	MV40
282	55:42	116	Vowles, Jon	- None	45	MV50
283	55:54	488	Rowell, Barry	Havering 90 Joggers	46	MV50
284	55:57	403	Woodard, Peter	Thurrock Nomads	29	MV60 HRes
285	56:00	284	Porter, Nick	- None	66	MV40 HRes
286	56:02	212	Rand, Tony	- None	67	MV40
287	56:06	497	Clementson, Christin	Havering 90 Joggers	16	FV35
288	56:10	473	Nason, Mark	- None	47	MV50
289	56:10	282	Potter, Lisa	- None	17	FV35 HRes
290	56:13	455	Appleyard, Kevin	- None	48	MV50 HRes
291	56:16	522	O Keeffe, Clare	Horndon Belles	16	FV45 HRes
292	56:17	526	Dowsett, Lee	- None	68	MV40
293	56:18	263	Wiseman, Barry	Pitsea R C	30	MV60
294	56:26	41	Jolly, Stephen	- None	49	MV50
295	56:27	131	Perrin, Louise	Barking Road Runners	18	FV35
296	56:28	186	Anthony, Mark	- None	69	MV40
297	56:30	544	Chaplin, Peter	Pitsea R C	50	MV50
298	56:38	485	Connolly, Mark	- None	51	MV50 HRes
299	56:47	137	austin, katie	- None	17	FV45

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300	56:48	430	Macdonald, Matthew	-	None	91	M
301	56:55	291	croal, jeremy	-	None	52	MV50
302	56:58	33	Hewitt, Jamie	-	None	92	M
303	56:59	337	Bradshaw, Louise	Havering	90 Joggers	19	FV35
304	57:13	229	Smith, Paul	-	None	93	M
305	57:14	158	McFarlane, Joanne	Dagenham	88 Runners	18	FV45
306	57:14	122	lock, kerri	-	None	19	FV45
307	57:18	52	Gregory, Joe	-	None	94	M
308	57:26	160	Hope, Michelle	Phoenix	Striders	20	FV45
309	57:28	472	Fraser, Claire Eliza	Phoenix	Striders	17	F
310	57:29	101	Brooker, James	-	None	95	M
311	57:30	143	Lester, Julie	-	None	21	FV45
312	57:32	469	Hawkins, Nicola	Phoenix	Striders	22	FV45
313	57:34	195	Brown, Alan	-	None	53	MV50
314	57:37	236	Spencer-Perkins, Den	Barking Road	Runners	54	MV50
315	57:44	281	Wilby, Michael	Barking Road	Runners	55	MV50
316	57:46	138	austin, sally	-	None	23	FV45
317*	57:49*	0	Unknown				
318*	57:49*	580	Martin, James	-	None	96*	M
319	57:51	327	Barnes, Becky	Witham R C		18	F
320	58:02	57	Morris, Peter	-	None	56	MV50
321	58:05	198	Knight, Julie	-	None	24	FV45
322	58:08	224	Griffin, Graham	-	None	70	MV40
323	58:10	289	Saunders, Jacqui	-	None	19	F
324	58:10	380	Anderson, Phil	-	None	71	MV40
325	58:18	26	Brown, Kevin	Dagenham	88 Runners	57	MV50
326	58:30	349	Dobie, Ronald	Havering	90 Joggers	58	MV50
327	58:32	346	Bryant, Victoria	Havering	90 Joggers	20	F
328*	58:34*	0	Unknown				
329	58:39	147	Bird, Frank	-	None	31	MV60
330	58:40	36	Staines, John	-	None	72	MV40
331	58:41	341	Skinner, David	Havering	90 Joggers	59	MV50
332	58:41	516	Stanley, David	Orion	Harriers	60	MV50
333	58:46	149	Edwards, Sam	-	None	32	MV60
334	58:46	204	Victory, Tina	-	None	25	FV45
335	58:46	187	Samson, Heather	Kingswood		20	FV35
336	58:46	568	Smithson-Biggs, Sama	-	None	21	FV35
337	58:51	579	Noble, Gemma	-	None	21	F
338*	58:55*	580	Martin, James	-	None	97*	M
339	59:00	376	Humphries, Graham	-	None	73	MV40
340*	59:01*	0	Unknown				
341	59:06	106	Porter, Barry David	-	None	61	MV50
342	59:08	443	Waters, Patrick	Castle Point	Joggers	33	MV60
343	59:08	103	Justine, Starkey	-	None	22	FV35 HRes
344	59:12	517	Norton, Sarah	Benfleet	Running Club	23	FV35
345	59:13	427	Watson, Peter	Benfleet	Running Club	98	M
346*	59:14*	0	Unknown				
347	59:24	246	Cassidy, Patrick	East Essex	Triathletes	62	MV50
348	59:26	133	Boosey, Katie	Chafford	100 Running Grp	26	FV45
349	59:26	483	Hulsam, Linda	-	None	24	FV35
350	59:30	196	Watkins, Tim	-	None	74	MV40
351	59:31	418	Brown, Trevor Baldy	-	None	34	MV60
352	59:32	43	Daniel, Jeremy	-	None	75	MV40
353	59:38	431	Macdonald, Natalie	-	None	25	FV35
354*	59:39*	0	Unknown				
355	59:43	39	Neaves, Graham	-	None	76	MV40
356	59:55	260	Briley, Stephen	-	None	77	MV40
357	59:57	539	Larke, Simon	-	None	99	M
358	59:57	192	Martin, Graham	-	None	78	MV40
359	60:01	99	Robinson, Sharon	Dagenham	88 Runners	26	FV35
360	60:05	64	Newbolt, Steve	-	None	63	MV50
361	60:07	524	Jennett, Jim	Thurrock	Nomads	64	MV50
362*	60:11*	0	Unknown				
363*	60:12*	241	Larkin, Mat	-	None	100*	M
364	60:13	61	Smith, Ronald	-	None	35	MV60
365	60:16	474	Kelekun, Christina	Havering	90 Joggers	27	FV45
366	60:16	19	Miller, Samantha Lou	Leigh On	Sea Striders	27	FV35
367*	60:25*	0	Unknown				

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368	60:26	166	Cornelius, Neil	- None		36	MV60	
369	60:30	164	Hill, Tracy	Havering 90 Joggers		28	FV45	
370	60:31	244	Hill, Roy	- None		65	MV50	
371	60:33	23	Norman, Wesley	- None		101	M	
372	60:36	84	Lawson, Stephen	Havering 90 Joggers		66	MV50	
373	60:41	379	Patience, Joe	- None		67	MV50	
374	60:44	49	Veerasamy, Timi Sel	Dagenham 88 Runners		29	FV45	
375	60:47	227	Williams, Stuart	Chafford 100 Running Grp		79	MV40	
376	60:49	96	Passingham, Keith	Pitsea R C		37	MV60	
377	60:54	444	Wheeler, Vanessa	- None		30	FV45	
378	60:56	462	Pearce, Hannah	Kingswood		22	F	
379	61:02	82	McCready, Ian	- None		80	MV40	
380	61:09	225	Fryatt, Alison	Barking Road Runners		31	FV45	
381*	61:11*	0	Unknown					
382	61:14	104	Marks, Stephen	- None		38	MV60	
383	61:17	200	Lyons, Derek	- None		39	MV60	
384	61:28	394	Bern, Lauren	- None		23	F	
385	61:40	381	Pearce, Mark	- None		81	MV40	
386	61:48	290	Theobald, Kim	- None		28	FV35	
387	61:57	269	West, David	Leigh On Sea Striders		40	MV60	
388	62:05	250	Uren, Ellis	- None		24	F	
389	62:07	421	Higgins, Tom	- None		68	MV50	
390	62:12	435	Mullins, Rebecca	- None		29	FV35	
391	62:15	570	Rivers, Lynn	Leigh On Sea Striders		32	FV45	
392	62:35	126	George, Tracey	Dagenham 88 Runners		33	FV45	
393	62:44	155	Manley, Russell	- None		41	MV60	
394	62:57	387	Radcliffe, Ruby-Mae	- None		25	F	HRes
395	62:57	87	Nicklen, Danny	- None		102	M	
396	63:02	132	Sharpe, Sally	Chafford 100 Running Grp		34	FV45	
397	63:10	506	Clark, April	- None		35	FV45	HRes
398	63:11	505	Wills, Luke	- None		103	M	
399	63:12	9	Cox, Peter	- None		42	MV60	
400	63:12	28	Evans, Stephen John	- None		43	MV60	
401	63:16	463	Everett, Matthew	- None		104	M	
402	63:17	232	Elliott, Edward	- None		69	MV50	
403	63:18	358	Adams, Douglas	Dagenham 88 Runners		44	MV60	
404	63:19	523	Crummy, Fiona	Horndon Belles		36	FV45	HRes
405	63:19	249	Clarke, Rich	- None		82	MV40	
406	63:33	159	Sheridan, Sarah	Chafford 100 Running Grp		37	FV45	
407	63:36	571	McPhillips, Ellen	Leigh On Sea Striders		38	FV45	
408	63:40	17	Fay, Hazel	- None		30	FV35	HRes
409	63:41	71	Sinclair, James	- None		70	MV50	
410	64:07	130	Draper, Linda	Chafford 100 Running Grp		39	FV45	
411	64:08	86	Woodford, Sam Louise	Chafford 100 Running Grp		31	FV35	
412	64:09	426	Fonfara, Timothy	- None		105	M	
413	64:22	448	Hattam, Alexandra	- None		32	FV35	
414	64:22	450	Harold, Alison	- None		40	FV45	
415	64:26	352	Elliott, Gary	- None		45	MV60	HRes
416	64:35	357	Karen, Parry	Thrift Green Trotters		83	MV40	
417	64:56	456	Butcher, James	- None		84	MV40	
418	64:58	564	Finch, Anna	- None		33	FV35	
419	64:59	179	Galan, Cristina	Gateway Gazelles		26	F	
420	65:00	277	Smith, Jen	- None		34	FV35	
421	65:00	278	Walton, Wendy	Kingswood		35	FV35	
422	65:05	201	Gwilliam, Andrew	Barking Road Runners		106	M	
423	65:08	574	Bayley, Lieban	- None		107	M	
424	65:21	135	Taylor, Anita	- None		41	FV45	HRes
425	65:21	136	Ashton, Stuart	- None		46	MV60	
426	65:31	112	Thomson, Doug	Spitfire Running Club		85	MV40	
427	65:31	113	Thomson, Catherine	Spitfire Running Club		36	FV35	
428	66:00	325	Jones, Roy	Castle Point Joggers		47	MV60	
429	66:19	417	Brown, Mark	- None		108	M	
430	66:27	303	Laing, Louisa	Kingswood		27	F	
431	66:35	547	Reid, Sharon	Havering 90 Joggers		42	FV45	
432	66:39	537	Staines, Naomi	- None		28	F	
433	66:52	558	Summerfield, Ken	Barking Road Runners		86	MV40	
434	66:55	382	Marsh, Deborah	- None		29	F	
435	66:56	114	Clemson, Leanne	- None		30	F	

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436	66:57	117	Vowles, Tracy	- None	43	FV45	
437	66:57	115	Daines, Fiona Grace	- None	31	F	
438	66:58	563	Finch, Clare	- None	37	FV35	
439	66:59	221	Elliott, Vanessa	- None	32	F	
440	67:02	16	Power, Danny	- None	109	M	
441	67:02	202	Phillips-Martin, Jes	- None	33	F	HRes
442	67:02	22	Clark, Sarah	- None	34	F	
443	67:08	584	Monk, David	- None	110	M	
444	67:11	468	Leader, Joy	Phoenix Striders	44	FV45	
445	67:27	458	Everett, Terry	- None	48	MV60	HRes
446	67:30	304	rontree, david	Pitsea R C	87	MV40	
447	67:31	318	Baxter, Lee	Kingswood	49	MV60	
448	67:36	493	Curry, Brogan	- None	35	F	
449	67:38	492	Judd, Rosey	- None	36	F	
450	67:39	519	Haskey-Jones, Rose	Tiptree Road Runner	45	FV45	
451	67:39	3	Hosler, John	Havering 90 Joggers	50	MV60	
452	67:45	216	Cummins, Caroline	Dagenham 88 Runners	46	FV45	
453	67:46	27	Frewin, Jacqueline	Dagenham 88 Runners	47	FV45	
454	67:54	142	Smith, Caroline	- None	48	FV45	HRes
455	67:55	94	Humphreys, Lisa	- None	38	FV35	HRes
456	67:56	565	Mackie, James	- None	111	M	
457	68:10	274	Jude, Elizabeth	- None	37	F	
458	68:11	300	Coombes, Samantha	- None	38	F	
459*	68:12*	0	Unknown				
460	68:13	470	Hawkins, Rhys	Phoenix Striders	112	M	
461	68:21	359	Apps, Natasha Marie	- None	39	FV35	
462	68:25	68	Potter, Charlotte	Witham R C	39	F	
463	68:30	40	Neaves, Maria	- None	49	FV45	
464	69:16	275	Ball, Michael Willia	Barking Road Runners	51	MV60	
465	69:17	495	Nunnery, Andrea	- None	40	FV35	HRes
466	69:30	34	Hewitt, Roisin	- None	40	F	
467	69:59	180	Charles, Hannah	Gateway Gazelles	41	F	
468	70:22	173	Roche, Nicola	- None	41	FV35	
469	70:42	348	Preston, Elizabeth	Havering 90 Joggers	50	FV45	
470	70:42	361	Easley, Stephen	Dagenham 88 Runners	88	MV40	
471	70:59	464	Simpson, Louise	- None	42	F	
472	70:59	365	Maccoriello Bettina	- None	51	FV45	
473	71:33	375	Allen, Jenny	- None	42	FV35	
474	72:03	354	Wesson, Karen	- None	43	FV35	
475	72:19	386	Shepherd, Louise	Chafford 100 Running Grp	44	FV35	
476	72:42	507	Earney, Derek	Havering Mayesbrook A C	71	MV50	
477	72:44	530	Brame, Stephen	- None	89	MV40	
478	73:00	228	Smith, Billy	- None	43	F	
479	73:08	218	Long, Jackie	- None	45	FV35	
480	73:10	161	Hosler, Karly	- None	52	FV45	
481	73:44	55	Hamilton, Kendall-An	- None	53	FV45	
482	73:58	42	Jolly, Kathleen	- None	54	FV45	
483	74:00	190	Haylock, Rebecca	- None	44	F	
484	74:00	191	Haylock, Victoria	- None	45	F	
485	74:16	230	Smith, Luke	- None	90	MV40	
486	75:36	363	Metcalf, William	Dagenham 88 Runners	52	MV60	
487	75:42	48	Templin, Marc	- None	113	M	
488	76:15	14	Jackson, Dan	Leigh On Sea Striders	114	M	HRes
489	76:20	13	Simmonds, Lea	Leigh On Sea Striders	46	F	
490	77:38	152	Burton, Glenn	Pitsea R C	53	MV60	
491	77:44	81	McCready, Charlotte	- None	47	F	
492	78:14	500	Maughan, Lisa	Barking Road Runners	55	FV45	
493	79:49	231	KingShott, Zoe	- None	115	M	
494	81:05	181	Smith, Angela	- None	46	FV35	
495	81:15	107	Davis, Lee	Dagenham 88 Runners	91	MV40	
496	83:04	491	Judd, Meg	- None	48	F	
497	83:26	108	Burchett, Paul Willi	- None	54	MV60	
498	83:43	321	Mason, Vikky	- None	47	FV35	
499	83:43	329	Carey, Lee	- None	116	M	
500	87:18	345	Adler, Leslie Frank	Havering 90 Joggers	55	MV60	
501	87:56	412	Cox, Elizabeth	Phoenix Striders	49	F	
502	87:56	413	Gardiner, Kim	Womens Running At E14	50	F	
503	108:34	424	Furbank, Val	- None	56	FV45	



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504	108:34	366	Freedman MBE, Paul	Havering 90 Joggers	72	MV50
505	108:34	370	Mulley, Janet	- None	57	FV45
506	111:15	328	Brownlow, Roger	- None	117	M

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Team Summary

	Final /		Score Team
1	57 /	--	Thurrock Harriers
2	77 /	--	Havering 90 Joggers
3	110 /	--	Billericay Striders
4	132 /	--	Barking Road Runners
5	145 /	--	Dagenham 88 Runners